



5777 West Maple Road, Suite 185  
 West Bloomfield, MI 48322  
[HealthySleepMD.com](http://HealthySleepMD.com)

Phone: (248) 688-0088  
 Fax: (248) 757-0005  
 e-mail: [info@healthysleepmd.com](mailto:info@healthysleepmd.com)

**Request for Access or Authorization for Use and Disclosure of Protected Health Information**

Patient name \_\_\_\_\_ DOB: \_\_\_\_\_  
 Address \_\_\_\_\_ Phone: \_\_\_\_\_

I give permission to Healthy Sleep MD to use or disclose my protected health information as indicated below.

**Healthy Sleep MD is requesting information from / to:**

Facility Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Fax \_\_\_\_\_  
 Email \_\_\_\_\_

**Information to be released- check below:**

- |  |  |
|--|--|
| <input type="checkbox"/> Entire Record                   | <input type="checkbox"/> Sleep Study Results   |
| <input type="checkbox"/> Office Visit Notes              | <input type="checkbox"/> Medical Record Only   |
| <input type="checkbox"/> Lab/ Imaging/ Procedure Results | <input type="checkbox"/> Financial Record Only |
| <input type="checkbox"/> Other (please specify) _____    |  |

**Acknowledgement of Understanding:** I authorize the above medical information to be released as indicated above. I understand this authorization will remain in place unless I submit a written statement to Healthy Sleep MD requesting to revoke access. I understand that if I release my medial record to a person or provider, they can release my record. I understand I need to verify their privacy rules.

\_\_\_\_\_  
 Printed Patient Name or Representative

\_\_\_\_\_  
 Today's Date

\_\_\_\_\_  
 Patient Signature or Representative